

**Introductory Training for the MITI Coding System  
(Motivational Interviewing Treatment Integrity Code) - Version 4.2.1**

*January 31 - February 1, 2017  
Oakland, California*

This dynamic workshop will introduce participants to the Motivational Interviewing Treatment Integrity Coding System (MITI), version 4.2.1. Using extensive practice following introduction and discussion of the tool, along with pairs practice with participant audiotape samples, learners will become skilled in recognizing and assessing common elements of practitioner competence in Motivational Interviewing.

Participants for this workshop should have experience in Motivational Interviewing and a desire to learn the MITI for supervisory, coaching, or research purposes. This course will include large group exercises and individual or small group coding practice. Participants will receive feedback on their coding to enhance speed and accuracy of learning and will learn how to continue improving their coding skills after the workshop.

*This workshop will also provide a brief introduction to methods for utilizing the MITI to provide feedback and/or coach, mentor or supervise others to build MI skill proficiency. Follow up workshops are also available on this topic alone.*

**IMPORTANT NOTE:** Participants for the workshop will prepare in advance, and bring to the workshop, an audio taped interview of a brief client session (or MI real-play). This recording will be shared with only one other participant during a pairs exercise for coding practice. More information will be provided to training participants closer to the event.

Learning Objectives:

Upon completing this workshop, the participant will be able to:

- Evaluate practitioners' MI skills using verbal anchors for four critical dimensions of Motivational Interviewing: Cultivating Change Talk, Softening Sustain Talk, Partnership and Empathy.
- Assign behavior codes for ten clinician behaviors integral to Motivational Interviewing.
- Discuss methods for giving feedback in supervision, coaching or mentoring using the MITI Coding Tool.
- Articulate and plan next steps for becoming fully competent in MITI coding using the 4.2.1 tool.

***Instructor: Suzanne (Sue) EckMaahs***

Suzanne (Sue) EckMaahs is a member of the international *MINT* forum (Motivational Interviewing Network of Trainers). She is highly sought locally and nationally as a trainer, coach/mentor, and trainer of trainers, as well as an advisor for implementation and quality assurance planning. Ms. EckMaahs has over 20 years' experience in the technologies of human potential and change, and has been practicing MI since 1993. With a background in sociology, she began her career in corrections...a history that has provided rich experience for applying and coaching evidence based practices across many client populations. She has worked extensively with professionals from the fields of primary care, public & community health, mental and chemical health, vocational and educational services, behavioral health and corrections.



**Training Location:** **Preservation Park Conference Center**  
1423 Preservation Park Way  
Oakland, CA 94612  
www.preservationpark.com  
510-874-7580

Preservation Park occupies two blocks in the heart of downtown Oakland. It is a Victorian neighborhood, a unique collection of historic residences transformed into the City's most innovative workplace and event center. It is located just 18 minutes from the Oakland International Airport.

**Dates:** January 31 & February 1, 2017

**Training Hours:** 9:00-5:00

**Tuition:** \$315.00

**Refund policy:** A \$50.00 processing fee will be charged for cancellations made by January 23, 2016. Cancellations made after January 23, 2016 are non-refundable.

**Lodging Options:** Hotels near the training location that are recommended by the training host agency:

Marriott Oakland City Center, 1001 Broadway, Oakland, CA 94607  
Courtyard Marriott Downtown, 988 Broadway, Oakland, A 94607

**Questions** may be directed to Sue EckMaahs: [seckmaahs@eckmaahs.com](mailto:seckmaahs@eckmaahs.com); 651-303-1166.

**Registration:** Please fax, mail or email attached registration form to:

EckMaahs & Associates Training & Consulting  
1769 Lexington Ave N. #226  
Saint Paul, Minnesota 55113

[seckmaahs@eckmaahs.com](mailto:seckmaahs@eckmaahs.com)

Fax: 651-214-2114

Phone: 651-303-1166

**Registration Form:**  
**Introductory Training for the MITI Coding System**  
**(Motivational Interviewing Treatment Integrity Code) - Version 4.2.1**

*January 31– February 1, 2017 -- Preservation Park Conference Center  
1233 Preservation Park Way, Oakland, California, 94612 – 510-874-7580*

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency \_\_\_\_\_

Work Address \_\_\_\_\_

\_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

**Payment Options for training fee (\$315.00 per person):**

\_\_\_\_\_ Check or money order.

\_\_\_\_\_ Purchase order attached. A check will be mailed at least two weeks prior to the training event.  
Please understand that registration is not complete until registration fee is received. Your seat may be given to an applicant on the waiting list if payment is not received within 1 week of registration.

If payment will come from another name or agency, please specify agency: \_\_\_\_\_

\_\_\_\_\_ Credit Card Payment:

Credit card type: \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover

Credit card number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

CVV2 code from back of card: \_\_\_\_\_

Name as it appears on credit card: \_\_\_\_\_

Address and zip code as they appear on the card: (Check here if same as above \_\_\_\_\_)

**Please fax, email, or mail the form to:**

EckMaahs & Associates, LLC  
1769 Lexington Ave. N. #226  
Saint Paul, MN 55113  
Fax: 651-204-2114; seckmaahs@eckmaahs.com\